

TREATMENT AND RECOVERY RESOURCES IN NORTHEAST TENNESSEE

Please Contact us if you have additions corrections or updates. We will send this out periodically.
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www.insightalliance.org/lifeline

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TREATMENT AND RECOVERY SUPPORT CENTERS

Tennessee REDLINE

The Tennessee **REDLINE (1-800-889-9789)** is a toll-free information and referral line coordinated by TAADAS and funded by the Tennessee Department of Mental Health Substance Abuse Services. The purpose of the REDLINE is to provide accurate, up-to-date alcohol, drug, problem gambling, and other addiction information and referrals to all citizens of Tennessee at their request. The Redline provides referrals for Co-Occurring Alcohol and Drug disorders that arise along with Mental Health disorders.

Treatment and other program referrals are made on the REDLINE. Callers are provided with at least 3 referral sources when possible. REDLINE staff does not do therapy or counseling with the caller or substance abuser, but gives them the information to put them in touch with someone who will provide a diagnosis, prognosis or assessment of the mental or physical health of the substance user/abuser. The REDLINE strives to provide the caller with specific referrals based on their stated needs.

Referral sources are not just limited to TAADAS member agencies, state funded programs, or to any specific area of the state

CCS Drug & Alcohol Rehabilitation

Welcome to your first step of living a sober lifestyle. At CCS we understand that seeking and finding help for alcohol and drug addiction or co-occurring disorders can be a difficult task. We specialize in Addiction Treatment and Co-occurring Disorders that include depression, anxiety, bipolar disorder and trauma issues. Many clients are often struggling with more issues than alcohol and drug addiction. Our professional staff are able to help identify, stabilize and work with our clients as they shed destructive habits and heal emotional wounds. We offer support not only to our clients, but also to each family member and community neighbors who may be affected by the disease of addiction or co-occurring disorders.

If you or someone you love is in need of drug or alcohol treatment, call **1-423-349-4070**. Our staff is available 24 hours a day, 7 days a week.

6145 Temple Star Rd, Kingsport, TN 37660

Magnolia Ridge Treatment Center

Programs: Substance Abuse Treatment and Detoxification

Level of Care: Residential Short-Term Treatment and Residential Long-Term Treatment

Payment Methods: Self Payment, Medicaid, State Insurance (Other than Medicaid), Private Health Insurance, Military Insurance, and Access to Recovery

Financial Assistance: Facility Payment Assistance

900 Buffalo St. Johnson City, Tennessee 37604

Intake Hours M-F 8-5

Phone number: 423-232-4130

Crisis Stabilization Unit Voluntary Mental Health Unit

The CSU is a voluntary mental health unit for adults 18 and older who are experiencing a mental health emergency. It's a 15-Bed Short-Stay residential facility with mental health staff available 24/7 who monitor the needs of individuals for a minimum of 72 hours.

200 W. Fairview Ave.

Johnson City, Tennessee, 37604

Phone number: 423-928-9062

Mental Health Crisis: 877-928-9062

Intake Hours M-F 8-5

CALM Center

The CALM Center is a voluntary short-term observation, intervention and stabilization service for adults 18 and older. The crisis respite facility is centrally located with Watauga Behavioral Health, the Crisis Stabilization Unit and Magnolia Ridge Residential Treatment Center. The average stay is 8 to 10 hours.

301 W. Watauga Ave.

Johnson City, Tennessee, 37604

Crisis: 423-928-9062

Open 24/7

Woodridge Hospital

Woodridge Hospital is an 84-bed inpatient psychiatric hospital in Johnson City, TN. It is a service of Johnson City Medical Center. Woodridge serves a wide region of at least eight counties in Northeast Tennessee as well as several counties in Southwest Virginia, and is a provider of mental health and chemical dependency services for adults, adolescents, and children ages 6 and older.

403 North State of Franklin Road

Johnson City, TN 37604

(423) 431-7111

Walk in hours: 8am- 6pm 7 days a week

Woodridge Intensive Outpatient Program

Woodridge's IOP program is a voluntary intensive therapy program for adults over 18 struggling with mental health and substance abuse issues. The program consists of providing therapy on an outpatient basis 3 days a week for 3 hour sessions with a trained psychotherapist. The therapy session will focus on using a cognitive behavioral approach to teach interpersonal skills, self-awareness, coping skills, relapse prevention skills, and any additional topics based on the needs of each group. Participants will also meet with a licensed psychiatrist for medication management throughout their time in the program. The length of the program is based on the individual's progression. The average length of stay is 15-18 sessions, about 5-6 weeks. The therapy groups are available in the morning (9:30-12:30) and evening (4:00-7:00). At the completion of treatment participants will be referred to follow up care to continue with traditional outpatient treatment as needed.

Woodridge Intensive Outpatient Program (IOP)
403 N State of Franklin Rd.
Johnson City, TN 37604
Phone 423-431-7047

Families Free (Woven)

Families Free is a faith-oriented, community-based organization operating in the Northeast Tennessee region. We offer services to women currently or formerly involved in the criminal justice system, along with their families, families impacted by incarceration, and families with children at risk for going into the foster care system.

Office: 2408 Susannah Street, Johnson City, TN 37601
Contact phone:
Office: **423.631.0141**

Adventure Program

Adventure Program is an intensive outpatient program that serves regional youth 13 to 18 who are seeking help with substance use and mental health issues. The focus of the program is to address the problems of family, peer group and school. It utilizes resources to help youth stop using drugs, discover more appropriate alternatives to facing and coping with stress, while building problem solving skills. Our goal is to help youth and their families lead healthier lives. Staff work with youth to establish positive recovery support from peers, family and community resources. Family involvement is crucial and expected weekly. The program is at least 5 weeks, but the length of stay depends on progress toward defined treatment goals. Services include group therapy, family therapy, individual therapy, therapeutic recreation, leisure counseling, social skills training, educational services, weekly or more frequent random drug screens and aftercare planning.

1003 North Broadway Avenue

Johnson City, TN 37601

Phone: **423-232-4326** Fax: **423-232-4255**

Hours: Monday -Thursday 8:30am to 3:15pm, Friday 8:30 to 1:00 pm (Hours may vary and are subject to change)

Red Legacy Recovery

Red Legacy Recovery's mission is to empower women in East TN with the skills they need to begin a new life in recovery from drug & alcohol addiction. We strive to equip each woman with the tools to be self-sufficient, employed & self-confident. Our programs include core "life-skills" training for women in recovery from drug and alcohol addiction. Our main focuses are teaching how to manage a household and be self-sufficient, money management, self-confidence & self-esteem classes, job interview skills, dressing for success, vision-casting/goal-setting seminars, and how to manage day-to-day stress.

210 S. Hill Drive.

Elizabethton, TN 37643

423-342-6893 Director, Samantha Loveday (Office)

423-342-6894 Transportation

Transportation provided within a 24-hour notice to any enrolled red Legacy client. Transportation provided to any/all probation/parole offices, court, doctor appointments, AA/NA meetings or affiliates.

Hours of Operation

M-F 9:00am- 6:00pm

Bristol Recovery Road for Women Inc.

Bristol Recovery Road for Women, Inc. is a faith based recovery program for women established to provide a safe and healthy facility for women. We accept women 18 years and older that have substance abuse issues. We work with area agencies to seek treatment and provide services. We have a volunteer network to help with transportation. Women are encouraged to find jobs within walking distance after 30 days. We are faith based and include Bible study & devotions.

P.O. Box 743, Bristol, TN 37621

423-366-0905 Donna Camper Executive Director & Co Founder

Lifeline Peer Project

Lifeline was established to reduce stigma related to the disease of addiction and increase community support for policies that provide for treatment and recovery services. Unites, educates and supports people and organizations in breaking down barriers to a person wanting recovery through speaking engagements, establishing recovery meetings uniting people in Recovery, community events, diverting people from incarceration and much more. Additionally offers support and information to individuals struggling with addiction and their family members, providing guidance and information about recover meetings and treatment options.

207 E Main Street Suite 1E Johnson City TN

877-366-7593 ext 105 - Jason Abernathy Email: Jason@insightalliance.org

NORTHEAST TENNESSEE Recovery & Faith Based Meetings

CARTER COUNTY:

Elizabethton-

Celebrate Recovery at Caldwell Springs Baptist Church 1509 Blue Springs Rd, Elizabethton
Tuesdays 6pm

A New Way of Life Recovery Group: Red Legacy Recovery 210 S. Hill Dr, Elizabethton
Wednesdays 12 noon

Oak Street Recovery Oaks Street Baptists 804 Oak Street, Elizabethton
Wednesdays 6:15 pm

GREENE COUNTY:

Greeneville

Celebrate Recovery at First Church of God: 1505 West Main Street, Greeneville

Tuesdays 6:00pm

Ministry Leader: Ralph Shipley

(423)638-4818 office

Website: greenevillefcog.org

Dual Recovery Anonymous at Asbury United Methodist Church: 201 S. Main Street, Greeneville

Fridays 7p,

Open Meeting for Members and Family Members. 12 Step Recovery

HANCOCK COUNTY:

HAWKINS COUNTY:

Church Hill-

First Step Group: Providence Church 710 Ordinance Drive

Sundays 6:00 pm

Get Real: New Life Missionary Baptist Church 202 Goshen Valley Rd

Mondays 6:30pm

H.E.A.R.T.S Group: New Life Baptist Church 335 Holston View Drive

Mondays 7:00 pm

Mt Carmel-

KIS (Keep it Simple) Group: 1st Freewill Baptist Church 208 Maple Street
Thursdays 7:00 pm

Rogersville-

The Overcomers Group: Crossroads Assembly of God 2747 Hwy 66 South
Mondays 6:30 pm

Crossroads: Shepherd's Center 306 E Main St, Rogersville

Mondays 7:00pm

Contact: Jennifer Jones

(423) 754-8009

Finding Freedom Group: Rogersville United Methodist 110 Colonial Road

Tuesdays 7:00 pm

JOHNSON COUNTY:

SULLIVAN COUNTY:

Kingsport-

Drug Addicts Anonymous (DAA): 1425 E. Center Street

Tuesdays 6:30pm

Celebrate Recovery at Bloomingdale Baptist Church 3220 Bloomingdale Rd

Sundays 5pm

Ministry Leader: Butch Payne

(423) 288-5151

butchbp@yahoo.com

Recovery at Clay Street: First Baptist Church 441 Clay St

Wednesdays 6:00pm-8:00pm *Free Child care for infant to Eighth Grade*

Contact: Jack Carpenter

(423) 341-9021

jackcarpenter@fbckpt.net

Celebrate Recovery at Christ Fellowship: 260 Victory Lane

Mondays 6:30pm * Free Child care is provided*

Ministry Leader: Jane Ann Carico

(423)276-3223

jtoneycarico@gmail.com

Celebrate Recovery at Preaching Christ Church: 707 E. Sullivan Street

Thursdays 6:30pm

(423)767-0830

Ground Zero Recovery Ministry: Shades of Grace Church 313 East Sullivan Street
Fridays 6:00pm

RU Recovery Addiction Ministry: Rock Heritage Baptist Church 4838 Fort Henry Dr.
Fridays 7pm
Call 423-268-7485

Bristol-

Celebrate Freedom: First Church of the Brethren
Mondays 6:30 pm

Celebrate Freedom: Freedom in Christ Church 1864 Holston Drive
Mondays 6:15 pm

Celebrate Recovery at Tennessee Avenue Baptist Church: 104 Cypress Street
Thursdays 5:45pm
(865)385-7921

Blountville –

Celebrate Freedom: Celebrate Church 429 Shipley Ferry Road
Thursdays 6:00 pm

UNICOI COUNTY:

Erwin-

Living Free: Contact CHIPS @ 423-743-0022 for location and more information
Thursdays 9:00 am

WASHINGTON COUNTY:

Gray-

Celebrate Recovery: Crossroads Christian Church 1300 Suncrest Dr.
Tuesday 7pm
Email: cr@crossroadsgray.org
423-477-2229

Johnson City-

Drug Addicts Anonymous (DAA): Boones Creek Christian Church 305 Christian Church Rd
Fridays 7:30pm

Re:generation: Grace Fellowship Church 2314 South Greenwood Drive
Monday 6:30 – 8:30

Life Recovery Groups: First Christian Church 200 E. Mountcastle Dr

Family Group Wednesday 5:30pm- 6:30pm

Co-Dependent Recovery Wednesday 6:30pm- 8pm

Life Problems Recovery 6:30pm- 8pm (Substance Abuse & Mental Health Issues)

Habits & Hang Ups Step Study Thursday 7pm-8:30pm

Life Recovery Group: Greater Love Church 130 Garden Drive

Tuesdays 7:00 pm

Saturday evening church service 6:00 pm

Living Free: Trinity Assembly of God 617 University Pkwy

Thursdays 7:30pm (Schedule may vary in summer months. Contact Ed Jefferies 423-747-7373)

Recovery Fellowship (12 step based bible study): Summit Leadership 3104 Hanover Rd,

Sunday 7 pm

SMART Recovery: Johnson City Downtown Day Center 202 West Fairview Avenue

Tuesdays 2pm-3pm

Contact Meredith Prosak

423-439-7382

prosak@etsu.edu

SMART Recovery: High Point Clinic 203 High Point Drive

Tuesdays 4pm-5pm

Contact Emily Hand

423-631-0731

emily.hand@highpointclinic.org

Eternal Grace Women's Ministry: By His Blood Ministry 127 Garden Dr.

Tuesday's 6pm

Recovery Fitness: iTrain Fitness 103 LP Auer Rd.

Fridays 6pm

Sundays 6pm

Phone: 423-946-3020

Contact: Michael Hardin (gym owner); Gary Barnett (trainer)

The Phoenix Group: Goebelieve Fitness 2244 Boones Creek Rd.

Sundays 3pm-4pm

The Phoenix Mission: The Phoenix offers a free sober active community to individuals who have suffered from a substance use disorder and to those who choose a sober life. Using a peer support model, we help members heal and rebuild their lives while also striving to eliminate stigma around recovery.

<https://thephoenix.org/>

MENDED - "A Pathway to Recovery for A Broken Heart" Group meets in South Johnson City

Tuesdays at 7 p.m.

All who are broken or have emotional trauma are welcome. "Mended is a faith-based home support group that welcomes all types of brokenness with the goal of providing a warm and welcome environment for those not yet ready to step into a church setting. We believe that the root of all addiction is an unresolved brokenness. We at Mended desire first to show the love of Christ to the deeply hurting and that it is His Powerful Words of comfort that mend all pain and sorrow.

Please E-mail: mending12@gmail.com for more information and meeting locations.

NORTHEAST TENNESSEE Family Support meetings

CARTER COUNTY:

Elizabethton-

Family Support Meeting: Carter County Drug Prevention Coalition 546 E. Elk Ave, Elizabethton
Mondays 6pm For families of people with Substance Use Disorders

Free to Be Me Group Al-Anon: Watauga Association of Baptist 3871 Highway 19E
Elizabethton 37643

Tuesdays 6pm

GREENE COUNTY:

Greeneville-

Hope AFG Al-Anon: Cumberland Presbyterian Church 201 N. Main St

Tuesdays 6:30 pm

Thursdays 12pm- Greeneville Library-lower level (back)

HAWKINS COUNTY:

Rogersville-

Rogersville AFG Al-Anon: First Methodist Church 110 Colonial Rd

Saturdays 7 pm

JOHNSON COUNTY:

Mountain City-

I Am Responsible Group Al-Anon: Johnson Co./Mt. City Community Center 214 College St

Mondays and Thursdays 7 pm

Al-Anon Meeting: First Christian Church 401 W. Main Street

Tuesday 12pm-1pm & 6pm-7pm

Contact: Anne @ 423-727-5605

SULLIVAN COUNTY:

Kingsport-

Voices with Choices AFG Al-Anon: 1567 S. Eastman Rd. Suite 14

Sundays 5 pm

Thursdays 7:30 pm

WASHINGTON COUNTY:

Johnson City-

TriCities Serenity Group Nar-Anon: Covenant Presbyterian Church 603 Sunset Dr.

Monday 7:00 pm * This meeting follows the Johnson City Schools snow schedule. If there is no school on Monday, there is no meeting. You can also check the Facebook Page.*

New Life AFG Al-Anon: Harrison Christian Church 2517 Browns Mill Rd

Tuesdays 10:00 am

New Beginnings AFG Al-Anon: Covenant Presbyterian Church 603 Sunset Dr.

Tuesdays 7:00 pm

New Hope AFG Al-Anon: Covenant Presbyterian Church 603 Sunset Dr.

Thursdays 12:00 pm

AFGE Co-dependents in Recovery Covenant Presbyterian Church 603 Sunset Dr

Fridays 12pm

AFG Paths to Recovery: Watauga Ave Presbyterian 610 E. Watauga Ave, Johnson City

Saturdays 7:30pm

NA Meetings Breakdown by County, City and Group

Online link to schedule <http://mana-e-tn.org/schedule.pdf>

Carter County:

Elizabethton-

Recovery on the Edge: Rivers Edge Dream Center 1200 19E Bypass

Mondays 8pm

423-543-4901

Greene County:

Greeneville-

Primary Purpose: Asbury United Methodist Church 201 S Main Street

Tuesdays 7 pm

Thursdays 7pm

Sundays 7pm

Noon Fellowship: 128 S. Main St. Suite 301

Wednesdays 12pm

Hawkins County:

Rogersville-

Right Foot Forward Group: Faith Assembly church 106 Blevins Rd.

Thursdays 7pm

Sullivan County:

Bristol-

Surrender to Win Group: 322 Vance Dr

Fridays 7pm

Kingsport-

Caring Thru Sharing Group: Preston Hills Presbyterian Church 4701 Orebank Rd

Thursdays 7pm

Fridays 7pm

Sundays 7pm

No Longer High Noon: The Prospect Center 1425 E. Center St

Thursdays 12pm

A New Way of Life Group: 1712 Lynn Garden Dr.

Wednesdays 7pm

Saturdays 7pm

Washington County:

Johnson City-

Miracles Happen Group: 105 S. Boone St (in back)

Mondays 7pm

Fridays 7pm

Saturdays 7pm

Serenity Sisters Group: Boones Creek United Methodist 110 Mary St

Mondays 7pm

Saturdays 7pm

Nothing To Fear Group: Munsey Ed. & Counseling Bldg 215 E. Market St

Tuesdays 7pm

Thursdays 7pm

The End of the Road Group: Covenant Presbyterian Church 603 Sunset Drive

Mondays 8:30am

Tuesdays 8:30am

Wednesdays 7pm

Fridays 1:30pm

Sundays 7pm

AA Meetings Breakdown by County, City and Group

ONLINE LINK http://aatricitiestn.org/images/try_this.pdf (by location)

Carter County:

Elizabethton-

Green Pastures Group: 429 E. Elk Ave

Sundays 8pm

Tuesdays 8pm

Fridays 8pm

New Way: First Presbyterian Church 119 W. F St

Tuesdays 7pm

Greene County:

Greeneville-

Saturday Night Alive Group: Mt. Hebron U. Meth. Church 685 Mt. Hebron Rd

Saturdays 7:30pm

Caring and Sharing Group: Cumberland Presbyterian Church 201 N. Main St

Sundays 7:30pm

Mondays 7:30pm (Closed meeting)

Thursdays 7:30pm- (Closed meeting) (Last Thursday- Speaker)

Friday Night Out Group: St. James Episcopal Church 107 W. Church St

Fridays 7pm

The Lunch Bunch Group: Eastview Recreation Center 456 E. Bernard Ave.

Mondays 12pm

Tuesdays 12pm

Wednesdays 12pm

Thursdays 12pm

Fridays 12pm

Breakfast Bunch: Eastview Recreation Center 456 E. Bernard Ave.

Saturdays 8:30am

Sundays 8:30am

Fearless Surrender: Eastview Recreation Center 456 E. Bernard Ave.

Wednesdays 7pm Closed Women's Meeting

Final Destiny: Calvary Chapel Church 401 W. Main St.

Tuesdays 6pm

Search For Serenity: St. James Episcopal Church 107 W. Church St

Mondays 5:15pm- 6:45pm

A Woman's Journey: St. James Episcopal Church 107 W. Church St
Sundays 2p-4pm Open Women's Meeting

Hawkins County:
Church Hill-

Keep it Simple Group: First Freewill Baptist Church 208 Maple Ave
Thursdays 6pm
Mooreburg-

Promises Group: Mooreburg Community Ctr. 319 McNeil Circle
Sundays 7pm
Wednesdays 7pm

Rogersville-

Rogersville Group: Wellmont Hospital 851 Locust St
Sundays 7:30pm

High Noon: 203 Spring St
Thursdays 12 noon

Johnson County:
Mountain City-

I Am Responsible Group: Mountain City Community Center 214 College St
Mondays 6 pm
Thursdays 6pm

Sullivan County:
Bristol-

Memorial Recovery Group: First United Meth. Church 322 Vance Dr
Sundays 8pm
Tuesday 8pm
Thursday 8pm

Kingsport-

New Meeting Group: 1st Broad St. U. Methodist Ch. 100 W. Church Cir Woodyard Ctr. Rm 206
Saturdays 8am

Serenity Improvement Group: Renaissance Center 1200 E. Center St. Room 314

Mondays 12:30pm 7pm
Tuesdays 12:30 pm 8pm
Wednesdays 12:30pm 8pm
Thursdays 12:30pm
Fridays 12:30pm 8pm
Saturdays 9:30am 7pm

Beyond Our Wildest Dreams Group: 1045 Catawba St (residence) 276-494-6239

Thursdays 6:30pm (Closed Women's Meeting)

Colonial Heights Group: Colonial Heights Presby. Church 213 Colonial Heights Rd

Mondays 8pm
Thursdays 8pm

Sunday Evening Meeting Group: REMAX Building 1567 Eastman Rd

Sundays 7pm

AA Comes Alive: REMAX Building 1567 Eastman Rd

Tuesdays 6:30pm

Piney Flats-

AA The Family Afterwards Group: Piney Flats UMC-Basement 225 Methodist Church St

Wednesdays 8pm

Bring Your Own Big Book Meeting: Piney Flats UMC-Basement 225 Methodist Church St

Fridays 7:30pm

Unicoi County:

Erwin-

Erwin Group: First Christian Church Fellowship Hall 312 S. Main Ave

Thursdays 6:00 pm

Washington County:

Gray-

First Things First Group: Living Word Lutheran Church 5210 N. Roan St

Mondays 7am

Wednesdays 7am

Fridays 7am

Boones Creek-

The Broad Highway Group: Boones Creek Christian Church 2684 Boones Creek Rd

Thursdays 7:30pm (Last Thursday – Speaker)

Johnson City-

Women's Group: Munsey Counseling Ctr. 215 E. Market St. (behind church)

Mondays 6pm

Sunrise Serenity Group: Munsey Counseling Ctr. 215 E. Market St. (behind church)

Tuesdays 7am

Thursdays 7am

Central Group: REBOS building 213 E. Maple St

Sundays 11am 6pm 8pm

Mondays 12pm 6pm 8pm

Tuesdays 12pm 6pm 8pm

Wednesdays 12pm 6pm 8pm

Thursdays 12pm 6pm 8pm

Fridays 12pm 6pm 8pm

Saturdays 12pm 6pm 8pm

Morning Meditations Group: REBOS building 213 E. Maple St

Sundays 8:30am

Mondays 8:30am

Tuesdays 8:30am

Wednesdays 8:30am

Thursdays 8:30am

Fridays 8:30am

Saturdays 8:30am

GRITS Group: REBOS building 213 E. Maple St

Saturdays 10:30am

Unity Group: Watauga Ave. Presby. Church 610 E. Watauga Ave (elevator available)

Tuesdays 7:30pm (First Tuesday- Speaker)

Fridays 7:30pm (Big Book Meeting)

Simply A.A. Group: Watauga Ave. Presby. Church 610 E. Watauga Ave (elevator available)

Thursdays 8pm

Monday Night Big Book Group: Watauga Ave. Presby. Church 610 E. Watauga Ave

Mondays 7:30pm

Serendipity Women's Group: Watauga Ave Presby. Church 610 E. Watauga Ave

Tuesdays 6pm

Sat A.M. Beginners' Meeting: Holston Conference Center 210 W. Maple St

Saturdays 9am

DOM Meeting Bldg 160 Room P-167: Mountain Home VA Medical Center (call 423-926-1171 for directions)

Tuesdays 7pm

Wednesdays 7pm

Sundays 9am

ODAAT (One Day at a Time) Men's Meeting: REBOS building 213 E. Maple St

Sundays 2pm

Friends of Bill & Dorothy: 802 Buffalo St

Sundays 6:30pm (LGBT)

Jonesborough-

Seekers Group: St. Mary the Virgin Episcopal Church 109 S. Second Ave

Tuesdays 7:30pm